

DESCRIPTION

Eating is a highly complex process, with great emotional significance for the child, parent(s) and caregivers. This course will illustrate how DIR® (Developmental, Individual differences & Relationships) principles are used within feeding intervention for infants and children (6 months-12 yrs.), with a wide range of feeding challenges. Through the use of case examples, we will describe the importance of collaboration with families, as well as how to create individualized treatment plans. This coordinated effort has the goal of supporting the child to feel safe and self-motivated in the eating experience as it unfolds within the culture of the family. Building on a sense of trust within therapeutic relationships, children and parents can develop skills that meet their feeding goals around meals. Along the way, they develop a sense of mutual engagement within their relationships finding satisfaction during feeding and around meal times.

Using the DIR® approach we challenge the child to use all their developmental capacities in the feeding experience. The importance of interdisciplinary collaboration, including nutrition, medicine, occupational therapy, speech therapy, Floortime™ and mental health will be illustrated. Participants will gain a better understanding of relationship-based intervention and a set of therapeutic “tools” to guide their practice in the home, clinic and school based setting. Video case studies will be used to illustrate practical solutions to complex feeding disorders.

LEARNING OBJECTIVES

- Describe the components of the DIR® approach to feeding issues.
- Describe the role of different disciplines within the DIR® approach.
- Identify and generate assessment and treatment strategies to advance family and child engagement around feeding.

- Utilize treatment strategies directed at parent-child interaction around feeding to improve swallowing patterns and safety.
- Generate treatment strategies to support advancing feeding goals while considering the child's development and individual differences.
- Describe the role of diet in supporting cognitive and emotional development.
- Plan feeding intervention that encourages health promoting diet and behaviours for children with consideration of their diagnosis and medical nutritional needs.

SPEAKERS

Diane Cullinane, MD is board certified in Pediatrics, Neurodevelopmental Disabilities and is Executive Director of PCDA. She has over 30 years experience specializing in the assessment and treatment of children with developmental delays and disabilities. Dr. Cullinane is Chair of the DIR®/Floortime™ Coalition of California, certified DIR® clinician, ICDL Faculty member, and nationally known leader and speaker in the area of special needs and child development.

Julie Miller, Occupational Therapist in California, SWC is the director of the PCDA Occupational Therapy department and the coordinator of the interdisciplinary feeding team. Julie specializes in treating children who have feeding challenges. She has a special interest in medical fragility, autism, sensory integration and social emotional development. She is a nationally known speaker and consultant; her work has been published in several publications and journals.

Patricia Novak, MPH, RD, CLE is a Pediatric Dietitian with over 25 years of experience working with children with chronic illness or developmental disabilities. Patricia's clinical work, publications and presentations focus on providing health promoting nutrition while addressing feeding challenges especially in infants and children with food allergies/intolerances, neuro-muscular disorders and autism spectrum disorders.

WHO SHOULD ATTEND?

This intermediate level course is designed for Occupational Therapists, Speech and Language Pathologists, Psychologists, and Dieticians working with children with feeding challenges.

Thursday, April 26th 2012

- 8:30 am Registration
9:00 Introduction
PCDA Feeding Team
- 9:15 What is DIR?
Diane Cullinane, MD
- 9:00 **D** is for **D**evelopment
Diane Cullinane, MD
Julie Miller, MOT, OTR/L, SWC
- 10:00 Break
- 10:15 **I** is for **I**ndividual Differences
Motor and Sensory Processing
Julie Miller, MOT, OTR/L, SWC
- 11:00 Nutrition and Health
Patricia Novak, MPH, RD
- 12:00 Lunch
- 1:15 Shooting for Reciprocity:
Communication to support Engagement
- 2:15 Video Case Presentations
- 3:00 Break
- 4:00 Adjourn

Friday, April 27th 2012

- 9:00 **R** is for **R**elationship
The Outer Circle
Patricia Novak MPH RD
- 11:30 Lunch
- 12:30 Strategies for Intervention and Treatment
Diane Cullinane, MD
Julie Miller, MOT, OTR/L, SWC
Patricia Novak, MPH, RD
- 2:30 Break
- 3:30 Questions
- 4:00 Adjourn

DATES

April 26th and 27th 2012 from 9:00 am to 4:00 pm. Registration begins at 8:00 am on day 1.

RATE

Early bird special: \$600.00. Add 50\$ after March 23, 2012. Full payment must be made upon registration, no postdated checks accepted. Rate includes conference notes, a light breakfast and coffee breaks. Lunch is provided. Receipts will be issued at conference.

LOCATION

Université de Montréal. Exact location to be announced. Information for accommodations provided upon request.

INFORMATION

Call Caroline Hui, OT at (450) 242-2816; info@choosetolearn.ca, www.choosetolearn.ca

CANCELLATION POLICY

A \$50.00 administration fee will be charged for cancellations prior to April 24th. 25% of the registration fee will be withheld should cancellation occur after this date. *Choose To Learn* reserves the right to cancel the conference and will refund registration fees, not travel expenses.

REGISTRATION FORM *please print*

Name _____

Address _____

City/Province/State _____

Postal code/Zip) _____

Telephone: residence _____

work _____

Email _____

Profession _____

Organization _____

____ I **do not** want my name and profession to be added to a participant list.

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Knowlton, QC J0E 1V0 CANADA

CHOOSE TO LEARN

in collaboration with the *Programme d'ergothérapie de l'Université de Montréal*

presents:

The DIR® Approach to Pediatric Feeding

Diane Cullinane, Pediatrician in California

Julie Miller, Occupational Therapist in California

Patricia Novak, Dietician in California

from Pasadena Child Development Associates

April 26th and 27th 2012
Montreal, QC

• Places are limited •